



Apple Valley Seniors

**14601 Hayes Road
Apple Valley, MN 55124
952-953-2345**

Mailing Address:
7100 W 147th St
Apple Valley, MN 55124

Please post the enclosed poster on your community bulletin board and/or publish the information below. Thank you.

Apple Valley Seniors Showcase

The public is invited to the Apple Valley Seniors Showcase **on Thursday, May 17, 2018** from 11:00 AM to 2:00 PM. The Apple Valley Seniors (AVS) have 1000 members and currently offer over 45 activities and interest groups. Live demonstrations of various programs will be conducted throughout the 2 floors of the Apple Valley Senior Center, 14601 Hayes Road in Apple Valley.

AVS, sponsored by Apple Valley Parks and Recreation, are involved in several community activities including support of nearby elementary schools. Seniors collect school supplies in late summer for the Westview Elementary School students.

Quilts are made and donated to local charities, as are hats, scarves and mittens for schools and hospitals. Volunteers donate time to the Feed My Starving Children organization. Discussion groups such as: Computer, Book Club and Discover are also popular.

AVS members are active in bowling, line dancing, Wii bowling, bridge and card games, pool, table tennis, yoga, painting classes, bicycling groups, tap dancing, music jamming group and more. New programs continue to begin such as our Color and Chat group.

Come and learn about the Apple Valley Seniors. Adults 55 and over, or whose spouse is over 55, are invited to become members of this active organization. Refreshments will be offered.

Apple Valley Seniors, Showcase Committee

Apple Valley Seniors is a §501©(3) nonprofit social, learning, and recreational organization whose objective is the enrichment of life for elder citizens.